

BURTON & DISTRICT SUMMER RACE LEAGUE

RULES 2021

There are 3 types of events this year -

A - Just run

B - Virtual event

C - Actual race

The idea is to keep the league alive, promote actual events & motivate club participation. Results will be based on elapsed time and will be taken on trust. If club reps wish to query a result they can ask for evidence, e.g. photo of watch, Strava etc but this is not a requirement for taking part.

It is also not necessary to enter the virtual events, you can just run the distance within the dates stated, however we would encourage runners to support club events where possible.

There will be prizes for competing in all events, with hopefully a social evening at the end of the series where these will be to present.

Note: Consideration has been given to current Covid Government and UKA guidelines and are therefore subject to change.

1. Conkers 5miles (SDRR) - **Just run** - - off road run (**ie.:** **trail or cross country**)
From Friday 16th April - Monday 19th April
2. Uttoxeter Half Marathon (URR) - **Virtual event**
From Thursday 29th April - Tuesday 4th May - entries via my.raceresult.com £11.50
3. Washlands Relays (WWR) - **Possible virtual event - TBC**
Saturday 5th June - Friday 11th June
4. Gate Gallop 10km (PR) - **Actual race**
Sunday 30th June - entries via my.raceresult.com £15 + 90p admin fee
Results - Andrew Vickerman (staggered start times, based on predicted finishing times (on entry form please). Amazing goody bag! All Covid precaution boxes are being ticked!
5. Worthington 6mile (IR) note new distance - **Just run - any surface**
Monday 5th July - Sunday 11th July
6. Hatton Darts 10km (HD) - **Just run**
Monday 9th August - Sunday 15th August
7. Tamworth 5miles (TAC) - **Actual race - TBC**
Sunday 19th September

Social Evening - Friday 1st October - TBC

Complete series: An award will be given to all individuals who have participated in all 7 events.

CLUB MEMBERS

All clubs will provide Stan with a list of their member's names and ages prior to the first event in the race series **(and at the latest by Sunday 11th April 2021) Stan will allocate every member with a race number.**

To participate you must be a member of your club, but not necessarily affiliated to UKA.

RESULTS

Club members to send their results to their club representative, who will then send Stan a finishers list with Name, time and race number allocated in an Excel spreadsheet format.

It will be each clubs responsibility to do this within a week of the last date the race can be ran.

LOWER AGE LIMITS

In line with UKA rule 141 the following age limits apply

Age on day of competition	Maximum Distance
Over 11 - Under 13	5k
Over 13 - Under 15	6k,
Age 15	10k
Age 16	15k
Age 17	25k
Over 18 - Under 20	Marathon
Seniors & Masters	Unlimited

Age on day of competition	Trail
Under 12 years	3km
Under 14 years	5km
Under 16 years	6km
Under 17 years	10km
Under 18 years	25km
Under 20 years	45km
Seniors & Masters	Unlimited